the Guernsey Members magazine

ISSUE – DECEMBER 2024 MERRY CHRISTMAS



A little festive poem to make you smile!

SNOWBALL

I MADE MYSELF A SNOWBALL, AS PERFECT AS COULD BE, THOUGHT I'D KEEP IT AS A PET, AND LET IT SLEEP WITH ME. I MADE IT SOME PYJAMAS, AND A PILLOW FOR ITS HEAD. THEN LAST NIGHT IT RAN AWAY, BUT FIRST, IT WET THE BED!

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A MESSAGE FROM YOUR FEDERATION CHAIR

With my holiday apartments now closed I will be sunning myself in Malaysia for most of December, so will miss the build-up to Christmas! Hence the early publication of this newsletter.

I hope you all enjoy the various Christmas parties and festivities you have planned, please do send us photos as it is always lovely to see everyone having such fun. Christmas always seems to come around so quickly!

With the recent National Council online and plans for the Go Guetters WI keeping me busy I seem to be in WI mode everyday. At the moment there is a real buzz surrounding the WI on island and it is great to hear that so many of you are having new members join.

The dorset button course was another great success and don't forget to sign up the fun filled Christmas craft day. A lot of effort goes into organising these events so please do support them.

The Denman Trust Grant Panel has now been formed which will allow Federations to apply for up to £10K (15 grants will be given out each year) and more information will be available in WI Life soon. If you have any ideas of what you would like organised, then please let us know so we can look to put together an application.

Corrina

Contact Details

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chair@wiguernsey.org.uk 07911 733092 Closing date for items for the next issue is Friday 27th December

2024 COFFEE MORNINGS -21ST OF THE MONTH

Each month, Bailiwick Belles meet for coffee and a chat on the 21st. They meet at 10.30am. ALL WELCOME

December Saturday The Kiln

DIARY OF EVENTS 2024

Date / Date		Event
Thursday	21 st	Bailiwick Belles coffee
November		morning at Le Friquet
Thursday	28 th	Silent Book Club
November		
Thursday	28 th	Darts
November		
Saturday	7 th	Christmas Craft Day
December		
Saturday	21 st	Bailiwick Belles coffee
December		morning at The Kiln
Saturday	26 th	Guernsey WI AGM
April		
Wednesday	4 th	NFWI Virtual AGM
June		

CAN YOU HELP ORGANISE THE 2025 AGM?

We are looking for volunteers to help with the planning of our 2025 AGM on 26th April.If you can help please contact either

Mel Robert – moby@cwgsy.net

Anita Walker – anita@cwgsy.net

ARTS & HOMECRAFTS CHRISTMAS CRAFT DAY

Saturday 7th December at Les Camps Methodist Church Hall, St Martins

Cost £15 per session - £25 for both Including all materials + refreshment including hot (non alcoholic) punch and mince pies

Morning featuring these crafts and lots of others too <u>10-12:30 - £15</u>



Fancy Card Bauble



Material Flowers



Ring Tree Decoration



Felt Reindeer

Afternoon featuring these crafts and lots of others too <u>1:30-4 - £15</u>





Card lantern with light

Table Decoration





Quilling Star

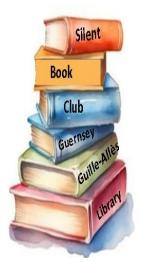
Felt Gnome

IT'S NOT TOO LATE TO BOOK FOR THE CHRISTMAS CRAFT DAY ON SATURDAY 7TH DECEMBER CONTACT ROSEMOB@LOBSTER.NU

These crafts are available to make ALL DAY: Father Christmas Napkins, Paper clay tree decorations, Christmas cards, festive pinecone owls & festive garlands



SILENT BOOK CLUB -28TH NOVEMBER 2024



The silent book club is going from strength to strength with more readers joining the group this month.

Rose Polli kindly provided the lovely home made cake in a lovely basket whilst promoting the WI's involvement. Next

month we shall be providing 'Join the WI' leaflets.

The Silent Book Club will not be meeting in December.



Bring your own book or pick one up at the library. Everyone Welcome

ARTS & HOMECRAFTS

SATURDAY CRAFT CLUB – 14TH DECEMBER 2024



Why not take some time out for yourself and spend one whole day a month crafting?

We are at the Castel Douzaine from around 9.45am – 4pm. Tea, coffee and biscuits provided, but bring along your own lunch. Cost is £15. All welcome.

Contact Rose Polli to book. <u>rosemob@lobster.nu</u>

WI DONATED HAMPERS

Catel WI, St Martins WI and the Federation sent hampers to the Wooden Spoon Online Christmas auction with the proceeds going to the Guernsey Welfare Service this year.



Catel WI Hamper



St Martins WI Hamper



Federation Hamper with homemade Christmas cake

DO YOU HAVE ANY WI TROPHYS?



We are asking all members who currently hold WI trophys to please hand them into your committee (all except darts trophy's).

If you have not had a chance to have it engraved please put details on a piece of paper and we will arrange for the engraving.

REMEMBRANCE DAY 10TH NOVEMBER

Wendy Wilson (GYWI) & Karen Robilliard (St Saviours WI) represented the Guernsey Federation this year in laying our wreath during the Remembrance parade.



DORSET BUTTON COURSE

The recent Dorset buttons course was very popular and most people said they really enjoyed making them and would continue at home. Tutor Rose Polli gave a fantastic



lesson on how to make them. Members



learnt to make a pinwheel style button and flower bouquet button.



NEWS FROM WI'S

SAUSMAREZ WI

At the AGM the existing Committee agreed to continue in their roles and Margaret Redhead also joined.



Rose Polli demonstrated icing a yule log and members produced some lovely creations of their own.





ST MARTINS WI

St Martins held their AGM and were pleased to welcome two new members to their team. The President gave her report and thanked the Committee. Thanks were also given to Jane Falla and Denise Mabire who are both standing down as secretary and treasurer respectively. Anne Robilliard is the new Secretary and Brenda Terry the new Treasurer.



The members now have name tags on lanyards. With so many new members it was difficult to remember everyone's name!

ST SAVIOURS WI

Their AGM was followed by the making of Christmas Crafts with pegs.



CATEL WI

Castel's November meeting started with their member Sue Farnham giving everyone a piece of glitter paper, a doily, baubles, a large pin and a hammer. After much folding and hammering, accompanied by laughter but no injuries, angels were produced. We all deserved our tea and biscuits after 'working hard' and to fortify us for our AGM, the 77th!





BAILIWICK BELLES WI

It was like a scene out of the mad hatters tea party as BBWI made their own Christmas hats (thank you to St Saviours WI for the idea). The craft skills & concentration levels were certainly tested, with lots of different styles of hats made. Hopefully to be worn at the BBWI Christmas Party. The glued together fingers were all worthwhile with yummy cake as a reward.







To finish the evening, the ladies had a relaxing 20 mintues to make Christmas button tags





As part of BBWI's year of fund raising, they did a chocolate collection to help support Les Bourgs Hospice with their Chocolate Tombola Table at the Round Table Christmas Fayre on Sunday 17th November at Beau Sejour. It was very hard not to pop a bar (or 2) in my pocket!



GYWI

GYWI enjoyed another glass fusion workshop session. They enjoyed it so much in March that they went back again to make some Christmas decorations this time ready for the festivities.



ST JOHNS

St Johns also had their Annual Meeting. Congratulations go to Ali Amy who was voted in as President. They followed this by playing chocolate bingo!



Ingrid and Pam with their prizes for the recent caption competition.

GO GUETTERS WI

It was 'Bubbles, Bites and Bling for their November meeting. To celebrate their first full meeting the Go Guetters celebrated their formation with a glass of sparkly and



some nibbles (inspired by this weeks Bake Off's 70's theme). Pineapple and cheese, vol au vents and sausages on sticks!

Members then used their artistic skills to make a name badge for future meetings. With 38 members it's going to take a time to remember everyone's name.



Chris Woodcock, Master Craftsman Goldsmith from Catherine Best gave a really interesting talk about his work from making a priceless necklace for Princess Diana to a 3ft Faberge egg which sold for £35million and semi pornographic pocket watches for Middle East Royalty!



John Woodcock and Selina (GG Joint President)





DARTS LEAGUE NEXT EVENT THURS 28 NOVEMBER @ 7PM – WITH POT LUCK SUPPER

CHRISTMAS POT LUCK SUPPER

Next darts night will include a Pot Luck Supper. Please bring a plate of food for sharing, as well as your own plate(s) and cutlery.



NEWS FROM THE TRUSTEES

WOULD YOU LIKE TO BECOME A SAFER SPACES CHAMPION

1 in 3 women in Guernsey will experience domestic abuse in their lifetime so a large number of women who attend our meetings will unfortunately have been affected by domestic abuse, often suffering in silence.

Safer, Guernsey's Domestic abuse



charity, is offering free training to a limited number of members who would like to train to become a **Safer space Champions** within the WI.

• The Safer space Champion is the person within the WI that someone can disclose

abuse to, stopping them suffering in silence.

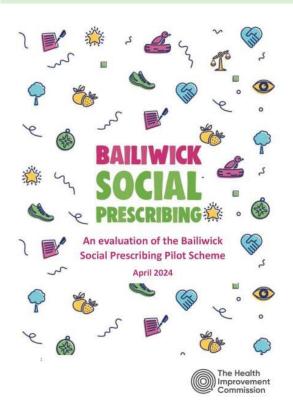
•They are not being asked to become a specialist in handling domestic abuse, nor to take on the role of a healthcare worker or counsellor.

•They will signpost those affected by domestic abuse to specialist help.

Safer spaces Champion training dates are Wed 22nd Jan & Thurs 20th Feb. The training is from 9:30am to 4:30pm at the Yacht Club with lunch provided. Members must be able to attend either one of these training days.

If you would like to be considered for this training please speak to your WI secretary as she will have more information.

BAILIWICK SOCIAL PRESCRIBING PILOT SCHEME EVALUATION



The WI is a partner organisation of Bailiwick Social Prescribing with Link Workers referring clients to the WI where they feel the organisation can help. We know a number of people have been referred since joining.

Evaluation of the scheme was presented to interested parties in October and Fran Torode (Trustee) attended.

The key findings of the report are summarised below:

The BSP model is feasible and reaches people with non-medical needs that are impacting their health

- 656 people ranging in age from 18 to 90+, but predominantly people of working age, were referred by a health practitioner to BSP with a range of issues that were impacting on their health, such as mental wellbeing, social isolation, health behaviours and employment.
- Link Workers had over 6000 contacts with clients and made 991 referrals to BSP partner organisations which include community groups, third sector organisations and statutory

BSP has strong endorsement from Primary Care, community partners and patients.

 All three Primary Care groups partner with 96% of eligible GPs have referred patients to the scheme. Healthy Minds also refers to BSP.

There is high demand for BSP which exceeds current scheme capacity.

 Monthly referrals have tripled over the last three In the second half of 2023, there was an average of 34 referrals per month.

 Referral rates exceed current Link Worker capacity and there is a waiting list which GPs identify as a challenge to patient engagement. Greater Link Worker capacity is needed to meet

BSP shows promise to positively contribute to people's health and wellbeing as well as the non-medical social factors that shape it.

- On average, the wellbeing scores of BSP clients measured before and after engagement with BSP show that it was likely to be having a positive
- 61% of people who engaged with BSP, from two Primary Care groups where attendance data were available, had fewer GP appointments (4.1 fewer appointments on average) in the 12 months after BSP engagement compared to the 12 months before.

IFE TRAINING

We are looking to train more WI Independent Financial Advisors (IFE) in Guernsey. If you would like to be considered for the training or were previously an IFE and would like some refresher training, please get in touch. Contact Corrina chair@wiguernsey.org.uk

GUERNSEY QUIZ ANSWERS

A selection of questions from 'The Bailiwick of Guernsey Quiz Book' – Richard Le Barry

- What was the name of the hermit that lived at Pleinmont with his goats ANSWER: STEVE PIQUET
- He lived in a bunker.....what was it called?
 ANSWER: 'ON ME OWN'
- Who was the last person to be hanged in Guernsey ANSWER: JOHN TAPNER IN 1854
- 4. Where is the fairy ring ANSWER: PLEINMONT
- What was the name of the fictional guernsey man who lived at chouet, immortalised in a book set in the 20th century ANSWER: EBINEEZER LE PAGE
- 6. Which animals were said to have escaped from guernsey zoo in 1960s ANSWER: TASMANIAN DEVILS
- 7. Which animal was depicted on the guernsey silver three penny piece ANSWER: GUERNSEY COW
- When is budloe night celebrated in Guernsey ANSWER: NOVEMBER 5TH
- 9. What is the common name for Chateau de Rocquaine ANSWER: FORT GREY
- 10. What was the name of the little local Girl who it said had healing powers ANSWER: LINDA MARTEL

- 11. Where is cow lane ANSWER: INBETWEEN THE ALBION AND MOUNTAIN WAREHOUSE
- 12. Where would you find la gran mere du chiminique ANSWER: ST MARTINS CHURCH
- 13. What was the golden spur ANSWER: THE LARGEST SAILING SHIP BUILT IN GUERNSEY -1864
- 14. Which iconic London building has steps made from Guernsey granite ST PAULS CATHEDRAL
- 15. What type of clothing made in Guernsey did Mary queen of Scot's & Elizabeth 1st wear?

ANSWER: KNITTED STOCKINGS